

Campus Club

July 2010



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Celebrating July

Picnic Month

Recreation & Parks Month

Anti-Boredom Month

Canada Day
July 1

U.S.: Independence Day
July 4

**Hop-a-Park Day &
Clerihew Day**
July 10

France: Bastille Day
July 14

Cow Appreciation Day
July 17

Ugly Truck Day
July 20

Hammock Day
July 22

Cheesecake Day
July 30



In Observance of
The
Fourth of July Holiday
The Campus Club
Adult Day Program
will be
closed on
Monday, July 5th



If you would like to come another day
this week, please call us at 952-948-5154

Poetry Corner...

We have several poets and didn't know it! Recently our Adult Day Clients composed the following poems:

Father's Day

(By Ed, Mary, Shar, Carl & Helen)

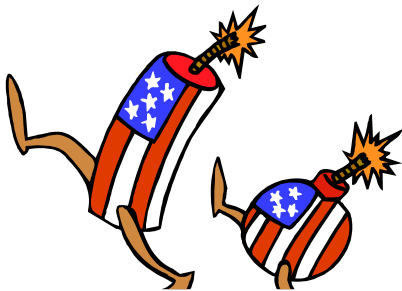
He's the man who hands out the money
And he's your mother's favorite honey.

He says "Do as I say...
Because I got to pay"
Zippety Doo-Dah-Day!



Fourth of July

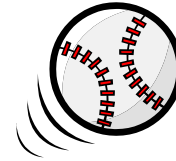
Fireworks, Firecrackers and a lotta noise
Roasting hotdogs 'round the campfire, sitting
with the boys
Going fishing at the Hay River
And watching a parade
Having picnics with the family
And drinking Lemonade



Take me out to the Ball Game...

On Tuesday, August 10th we will be going to see:

The Saint Paul Saints
VS
South Carolina



The cost will be \$12.00 per person with lunches provided. If you would like to purchase a snack while at the game, please bring some additional spending money. We would like to purchase the tickets in advance, so please bring your ticket money in by Friday, July 30th. If you are not a baseball fan, we can substitute another day for you that week. In the event of rain, this event will either be re-scheduled or cancelled.

Bus Tour and Picnic...



On Wednesday, July 14th, we will be "hopping" on the bus to go for a ride around the Minneapolis area lakes including Lake Harriet, Calhoun, Lake of the Isles, and Lake Nokomis. We will also stop at the Lake Harriet Rose Gardens and those wishing to stroll through the roses will have the opportunity to do so. We will stop for a good old fashioned Fried Chicken picnic lunch. There is no fee for this activity and clients are encouraged to dress accordingly that day keeping in mind that we will be

Pack Your Picnic Basket

July is Picnic Month, and there is no better month for packing your basket full of goodies, laying a blanket over the soft, green grass, and enjoying food, friendship, and fresh air.



The first picnics were not held outdoors at all. The first usage of the word was in 1692, in a French dictionary, where the word “pique-nique” was

used to describe a group of people who brought their own wine into a restaurant. It was not until the mid-1700s that the word picnic referred to a fun meal eaten outdoors. Still, no one knows where the French got the rhyming term “pick-nick,” although many rumors of its origin exist.

In the early 1800s, a group of Londoners formed an official “Picnic Society,” where each member agreed to bring a different dish, as in a potluck. More recently, in the year 2000, the French formed a 600-mile-long picnic to celebrate the first Bastille Day of the new millennium. Towns from coast-to-coast participated, using over 400 miles of red-checked tablecloth.

July 10 is the Teddy Bears’ Picnic Day, a day honoring both picnics and the classic tune by John Walter Bratton and Jimmy Kennedy. This marks the perfect day for children to gather their teddy bears, lay down a blanket, and eat some snacks with their stuffed friends. They can even sing the song that made that day famous. Here’s the first verse:

*If you go out in the woods today,
You're sure of a big surprise.
If you go out in the woods today,
You'd better go in disguise.*

*For every bear that ever there was
Will gather there for certain, because
Today's the day the teddy bears have their
picnic.*

Not-So-Scary Scarecrows

While scarecrows are commonly associated with autumn, Build-a-Scarecrow Day falls on the first Sunday of July. That’s so your finished scarecrow can keep the crows out of the fields all summer long. Clever crows, however, quickly learn to ignore those stuffed scarecrows. Yet people still keep scarecrows as a wonderful seasonal decoration.

Making a scarecrow requires five materials: pair of blue jeans with belt loops, an old shirt, some twine, a pair of panty hose, something for stuffing (straw, leaves, grass, or old rags).

Step 1: Stuff the pantyhose to make the head and arms. (The waist becomes the head, and the arms are slipped through the shirtsleeves.)

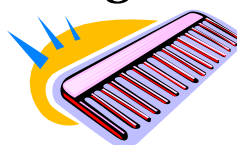
Step 2: Stuff the rest of the shirt and the pants. Attach them together by knotting the twine through the belt loops as suspenders.

Step 3: Decorate your basic scarecrow with handkerchiefs, gloves, boots, a hat, tools, or any other decoration. Don’t make it too scary!

Lutheran Relief...

We continue to collect items for the health kits that we are assembling to send overseas through Lutheran Relief.

This month we are asking people to bring COMBS.



Please note that items needed should be in their original packaging.

Coordinator's Corner..by Jenny

To celebrate "**Picnic Month**" we will be going on a picnic on Wednesday, July 14th along with a tour of some local Minneapolis lakes and gardens. We will also be grilling brats on the patio at Meadow Woods on Tuesday, July 20th.

We love our new space! We were able to obtain the use of the apartment next to our Day Center room and take out part of a wall. Come and check it out! We thank the Martin Luther Campus administrators and owners!

Looking ahead, we have planned an outing to the **St. Paul Saints Baseball game** for Tuesday, August 10th. We would like to purchase our seats in advance and we are asking people to bring in their \$12.00 before Friday, July 30th. If you attend on Tuesdays and would rather not attend the game, we can certainly re-schedule you for another day. If you would like to add this event, please give us a call at 952-948-5154.

July Birthdays

If you were born from June 22-July 22, you are a Cancer, the crab. If you were born from July 23-August 22, you are a Leo, the lion. A Cancer can be highly emotional, caring, generous, and intuitive. Leos are creative, enthusiastic, charismatic, and highly ambitious.

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| Dan Aykroyd (actor) | July 1, 1952 |
| Happy Birthday Karen! | July 4th |
| Ann Landers (advice columnist) | July 4, 1918 |
| P.T. Barnum (circus showman) | July 5, 1810 |
| Doc Severinsen (band leader) | July 7, 1927 |
| Happy Birthday Helen! | July 13 th |
| Happy Birthday Heather! | July 14th |
| Phyllis Diller (comedienne) | July 17, 1917 |
| "Red" Skelton (clown) | July 18, 1913 |
| Natalie Wood (actress) | July 20, 1938 |
| Happy Birthday Greg! | July 20th |
| Happy Birthday Eli! | July 20th |
| Paul Anka (singer/songwriter) | July 30, 1944 |



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Postage
Information